

## A Synaxis of Latin Saints (Plain Reading)

October 7th

On October 7th we commemorate Saint Osyth. Saint Osyth was a princess of the Hwiccas in the west of England. She married Sighere, King of the East Saxons. Their son, the future Saint Offa, became King in 683, later abdicating. Osyth founded a convent, now St Osyth, on a creek of the River Colne in Essex where she lived out her days in holiness.

### *verses*

On this day we commemorate Saint Mark, Pope of Rome.

On this day we commemorate Saint Helanus of France. Saint Helanus was born in Ireland, but traveled to France as missionary with his entire family: six brothers and three sisters. They settled near Rheims where he became a priest and ministered faithfully.

By the intercessions of Thy Saints, O Christ God, have mercy upon us. Amen.